

## Directions to Variety

ALL TRAININGS TAKE PLACE AT:

47 HUMPHREY DRIVE, SYOSSET, NY 11791

**Jericho Turnpike Eastbound:** Go east on Jericho Turnpike towards Syosset, past the hospital. Turn left on Humphrey Drive, at traffic light by Burger King. VCLC is two blocks from the light on the left.

**Jericho Turnpike Westbound:** Go west on Jericho Turnpike towards Syosset. Turn right at Humphrey Drive (the second traffic light) at Burger King. VCLC is two blocks from the light on the left.

**Northern State Parkway:** Exit 36 North (South Oyster Bay Road) to Jericho Turnpike. Turn left on Jericho Turnpike, heading west. Continue in right lane for one & a half blocks. Turn right onto Humphrey Drive at Burger King. VCLC is two blocks from the light on the left.

**Southern State Parkway:** Exit 28A North to Seaford Oyster Bay Expressway. Continue to last exit, Jericho Turnpike West. Turn right onto Humphrey Drive (4th traffic light) at Burger King. VCLC is two blocks from the light on the left.

**Long Island Expressway:** Exit 43, South Oyster Bay Road. Go North on South Oyster Bay Road to Jericho Turnpike. Turn left onto Jericho Turnpike heading west. Turn right onto Humphrey Drive at Burger King. VCLC is two blocks from the light on the left.

**Looking for Professional Development**

**at your Site?**

**VCLC will develop trainings to meet the needs of your staff on numerous topics.**

**Handouts and certificates included in fee.**

**For information, email Barbara Pirnat at [bpirnat@vclc.org](mailto:bpirnat@vclc.org)**

[www.vclc.org](http://www.vclc.org)

## Who Should Attend?

Nursery, preschool and UPK teachers, special education teachers, program directors, child care and related service providers seeking information and training in addressing challenging behaviors and inclusion in early childhood settings.

To receive CTLE credit, download and complete Section I of the NYSED form <http://www.highered.nysed.gov/tcert/pdf/ctle-certificate-completion-form.pdf> and email it to [training@vclc.org](mailto:training@vclc.org)

In case of inclement weather or cancellations, go to [www.vclc.org](http://www.vclc.org) or call VCLC at 516-921-7171 or Cablevision Channel 12 Long Island at [www.news12.com](http://www.news12.com)



Janice Friedman, CEO    Andrea Rieger, CFO

[www.vclc.org](http://www.vclc.org)



## PROGRAMS AND SERVICES

### For Children

Evaluations (Birth-8 yrs.)

Early Intervention (EI) (Birth-3 yrs.)

Applied Behavior Analysis (ABA) Home Program (Birth-8 yrs.)

Related Services (3-8 yrs.)

Speech/Language Therapy

Occupational Therapy

Physical Therapy

Counseling

Special Education Itinerant Teacher (SEIT) (3-5 yrs.)

Special Class in an Integrated Setting (SCIS) (3-5 yrs.)

Preschool Special Education Classes (3-5 yrs.)

English Language Learner Classes (3-5 yrs.)

School-Age Special Education Classes (5-7 yrs.)

School-Age English as a New Language Class (5-7 yrs.)

Saturday Social Skills Training Program (4-16 yrs.)

Saturday Enrichment Programs (3-6 yrs.)

Family Center Sunday Respite Program (3-10 yrs.)

### For Families

Parent Counseling/Parent Training

Parent Education and Support Groups

Family Center Sunday and Vacation Respite Program

(OPWDD)

### For Professionals

Professional Development

Early Childhood Program Consultation

Student Teaching and Internships

Pediatric Resident Training Program

Research

[www.vclc.org](http://www.vclc.org)



## Professional Development

### Seminar Series

**Fall 2018**



**VCLC is an approved sponsor of NYSED CTLE for Professional Classroom Teachers and Level III Teaching Assistants, and trainings are applicable to OCFS topics.**



**Expand your knowledge of young children and network with experienced professionals!**

[www.vclc.org](http://www.vclc.org)



# SEMINAR CONTENT and LEARNING OBJECTIVES



## Can You Hear Me Now?

Georgia Kaitery, MS

Preschool Special Education Teacher

Wednesday, **October 10, 2018 4:15—5:45 PM**

Opening and maintaining the channels of communication between parents and educators is essential to support student learning. Next to parents, educators and childcare providers are the most influential people in a child's life. Partnering and nurturing strong relationships with parents is critical to achieving positive outcomes and building a strong program. Research shows that children are more successful when parents and educators work as a team. This can be a challenging task therefore, educators must continue to develop effective communication skills. Identifying various communication opportunities and utilizing proactive strategies is key. Let's discuss creative ways of engaging and effectively communicating with parents.

**Topic: Safety and Security Procedures, Including Communication Between Parents and Staff**

## Behavior Management:

### Leaving the Power Struggle Behind

Melissa Vitarelli, MS, BCBA, LBA

ABA Coordinator

Wednesday, **October 17, 2018 4:15-5:45 PM**

Understanding how behavior management enhances classroom management can help teachers prevent power struggles with children. We will focus on looking at a child's problem behavior, determining why it is occurring and strategies that can be used to decrease problem behavior and increase appropriate behavior. We will explore the concept of the "function" of a child's problem behavior. We will discuss commonly misused techniques and why they may appear to be ineffective, as well as techniques that can be used easily in any classroom or home setting.

**Topic: Principles of Childhood Development**

## Reflecting on Practices for English Language Learners' Needs

Sonia Puertas-Galletta, MS

ELL Curriculum Coordinator

Wednesday, **October 24, 2018 4:15—5:45 PM**

As Long Island becomes increasingly diverse, there are more preschoolers, including children who receive special education services, who come from homes that speak languages other than English and are entering various early childhood settings. English Language Learners (ELLs) may pose a challenge to educators and childcare providers. How do you know if the ELL preschooler understands what is being taught? If the preschooler does not speak much English, how can he/she participate? We will explore essential components for early childhood classrooms with ELLs, including evidence-based instructional strategies and monitoring student progress.

**Topic: Child Day Care Program Development**

[www.vclc.org](http://www.vclc.org)

## On the Move

Lori Werner, PT

Physical Therapist

Wednesday, **November 7, 2018 4:15—5:45 PM**

Keeping our preschoolers fit & active is an important goal in early childhood education. Early childhood educators play a major role in teaching young children healthy habits. Children learn to have an active lifestyle by the examples set for them. This workshop will provide you with the tools to understand gross motor development during the formative preschool years & suggestions to incorporate structured gross motor activities into your classroom routines.

**Topic: Principles of Childhood Development**

## Mindfulness for Teachers:

### Tips to Calm Down and Reduce Your Stress

Virginia Blum, MS, LBA, School Psychologist

Wednesday, **November 14, 2018 4:15—5:45 PM**

As a teacher, you know the classroom can be a very stressful environment: the constant demands for your attention, the pressure to get results in student performance and the feeling there's nowhere to go when you need to calm down. But, it doesn't have to be this way! We will introduce mindfulness and several guided mindfulness practices that current research shows improve the classroom environment by decreasing teacher stress and burnout. Come and learn how to pause in the midst of the classroom. Remember, we can't always control our students' behaviors, but we can choose how we respond to it.

**Topic: Child Day Care Program Development**

## HELP! Understanding & Using the HELP

### Strands/HELP Checklist (0-3)

Barbara Pirnat, MS

Director of EI, SEIS, Related Services & Training

Wednesday, **November 28, 2018 4:15—5:45 PM**

The Hawaii Early Learning Profile (birth - 3) is a helpful tool for providers working with young children and their families. We will discuss the difference between the HELP Strands and the HELP Checklist (birth -3) and navigate the "scoring" process. At the end of the workshop, participants will be able to assist parents with creating appropriate outcomes for their child & family. **In addition, for a \$5 fee, payable at the seminar, you will receive a guide: Understanding My Signals, to help families understand how their infant communicates.**

**Topic: Business record maintenance & management**



# Variety Child LEARNING CENTER

INVESTING IN CHILDREN AND FAMILIES SINCE 1966

## Fall 2018 Registration

Please Print

Name(s): \_\_\_\_\_

School/Program: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please note the scheduled time. Register for:**

\_\_\_ October 10 4:15 \_\_\_ November 7 4:15

\_\_\_ October 17 4:15 \_\_\_ November 14 4:15

\_\_\_ October 24 4:15 \_\_\_ November 28 4:15

**Fee: \$35 per 90-minute seminar.**

**Discounts for groups of 5 or more available.**

For more information, contact Connie Sarno at

**516-921-7171, ext. 2140 or [csarno@vclc.org](mailto:csarno@vclc.org)**

\_\_\_ Check enclosed. Return check fee \$40.

\_\_\_ Amex \_\_\_ Visa \_\_\_ MasterCard

Total Enclosed: \_\_\_\_\_

Print Cardholder's Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Please mail this registration form to:

**VCLC, 47 HUMPHREY DRIVE, SYOSSET, NY 11791**

Attention: Connie Sarno

*\*Refund Policy: A handling fee of \$15 will be deducted for all cancellations. Refund requests must be received by mail/email at least 10 days prior to the workshop date. No refunds will be issued if requested less than 10 days before the workshop. Full refunds will be given if workshop is cancelled due to inclement weather or other unforeseen circumstances.*

